


Leonia Recreation Commission

Presents:

SPRING PROGRAMS 2016



Registration *Begins* Monday,

April 1, 2016

Complementary Edition

*Minds In Motion: CSI (Youth)

*Tennis Lessons (Youth)

*TGA Golf (Youth)

*Table Tennis for Special Ones
(Youth)

*Fun & Fitness (Seniors)

(201) 592-5783

www.Leonianj.gov

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Youth

Minds in Motion: CSI (Crime Scene Investigation)

Content: Come and join our Minds In Motion Crime Team in this fun and interesting workshop! We will provide you with all the tools you need to become your very own crime scene investigator! Learn all about forensics, searching for evidence, and gathering clues. Working in groups, you will conduct many science experiments in our crime labs to solve the mysteries at hand! As young detectives in training you will learn all about fingerprinting and how to classify them. Bring home your very own fingerprint classification sheet! You will also perform chemical analyses and observations working with powders, liquids, and much more! Be amazed at how much science plays a part in solving a crime. Come ready with your thinking caps and be prepared to use all the skills necessary to solve the crime of the century and help save the Minds In Motion Laboratory . We need you!

Ages: 6-12 Years

Day: Tuesdays

Time: 5:15 – 6:15 pm

Date: April 19 – June 7 (8 Weeks)

Location: Recreation Center Art Room

Fee: \$145.00 (includes all materials)



Tennis Lessons

Instructor: Barry Ruback

Content: Lessons consist of one hour small group instruction with an emphasis on fundamentals, analysis, strategy, exercise and FUN! Lessons are under the supervision of Barry Ruback – United States Professional Tennis Association. Call Barry Ruback at (201) 568-3946 for information.

Ages: Grades K and Up

Day: TUESDAYS

Time: 3:15 – 4:15 pm -- K - 1 Graders

4:15 – 5:15 pm -- 2 - 3 Graders

5:15 – 6:15 pm -- 4 - 5 Graders

6:15 – 7:15 pm -- 6 Graders and Up

Session 1: April 19 – May 17 (5 weeks)

Session 2: May 31 – June 28 (5 weeks)

Location: Wood Park

Fee: \$105.00



Youth

TGA Golf - Spring After School

Content: 2015 – 2016 will be TGA's 10th consecutive school year offering after school programs in Bergen County. Locally, TGA has taught the lifelong sport to 10,000+ students. Our curriculum utilizes drills and language that make it fun to learn golf for kids in grades K – 8. TGA provides all equipment which will be age appropriate. As students advance through the 5-Level program they will learn basics and fundamentals of the sport all the while being prepared to play on the golf course. All new students begin in the YELLOW level and can advance all the way to the BLACK level.

Day: **Thursdays**

Ages/Time: **Grades K-3:** 3:30 – 4:30 pm

Grades 4-8: 4:30 – 5:30 pm

Date: April 21 – May 26 (6 weeks)

Location: **Wood Park**

Fee: \$125.00

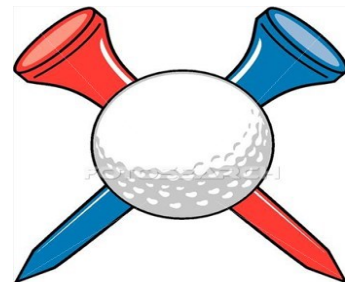


Table Tennis for Special Ones

Instructor: **Sue Chak**

Content: Welcome to the fun world of Table Tennis for our Special Ones. Studies show that playing Table Tennis improves hand-eye coordination, concentration, and focus. This program is affiliated with USA Table Tennis and is designed with the vision of encouraging kids to develop their mental and physical sharpness, aid them in staying focused on their individual goals, and to help our students become self-confident and successful in life.

Ages: **5-14 years old**

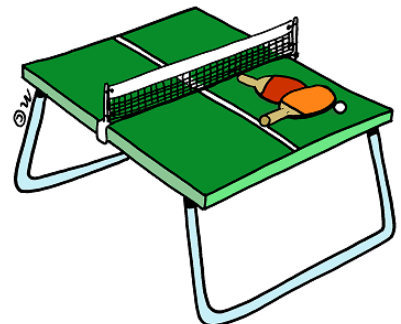
Day: **Sundays**

Time: 6:00 – 7:00 pm

Date: April 24 - June 12 (8 weeks)

Location: **Leonia Recreation Dance Studio**

Fee: \$140.00 (includes paddles and balls)



ADULTS/SENIORS

Fun & Fitness

April 18, 2016

Monday Mornings from 11:00am – 12:00pm

Cost: \$110 for 8 week program

May 2, 2016

Monday Evenings from 7:00pm – 8:00pm

Cost: \$85 for 6 week program



With a ball and a band, we exercise your large and small muscles, abdominals, back, hands and feet to ensure better balance, strength and mental acuity!

Revitalize your balance, energy and strength!



Leonora Recreation Building – Dance Studio